

Rev. Phillip Bass, MDiv, ThM, MA, LCMHC, NCC
Licensed Qualified Supervisor

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LCMHC - 10502 / LQS - QS120903 / NCC - 318700

EDUCATION

2010-2013	North Carolina Central University (Durham, NC) Master of Counselor Education
2006-2009	Duke University Divinity School (Durham, NC) Master of Theology
2003-2006	Duke University Divinity School (Durham, NC) Master of Divinity / Certificate in Gender, Sexuality, Theology and Ministry
1992-1996	University of North Carolina at Chapel Hill (Chapel Hill, NC) BA, Political Science

CLINICAL EXPERIENCE

2013-Present	Trinitas Services (Chapel Hill, NC) Owner, Counselor
2022-Present	Trinitas Retreats (Chapel Hill, NC) Owner
2016-2023	Riverstone Wellness Collaborative (Raleigh, NC) Co-Owner
2015	Solaz, LLC (Raleigh, NC) Counselor, Contractor
2014-2015	Freedom House Recovery Center (Chapel Hill, NC) Intensive In-Home Team Lead, Counselor

2012-2013	Duke Cancer Patient Support Program (Durham, NC) Duke University Hospital Practicum Student Counselor / Intern Counselor
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PREVIOUS PROFESSIONAL EXPERIENCE

2007-2014	Duke Cancer Patient Support Program Duke University Medical Center (Durham, NC) <i>Volunteer Coordinator</i>
2005-2007	Calvary United Methodist Church (Durham, NC) <i>Administrative Assistant</i>
1996-2003	University of North Carolina at Chapel Hill (Chapel Hill, NC) <i>Computer Consultant</i>

NON-CLINICAL EXPERIENCE

2024-Present	Founding Priest The Beloved Community, Durham, NC
2023	Spiritual Formation Leader/Instructor Duke Divinity School, Durham, NC
2022-2024	Associate Rector Church of the Nativity, Raleigh, NC
2022- Present	Faculty, Psychological Health Instructor CREDO, The Church Pension Fund (US)
2020-Present	Member of the Pastoral Response Team Episcopal Diocese of North Carolina
2020-2022	Priesthood Intern Church of the Nativity, Raleigh, NC
2017-2020	Licensed Local Preacher St. Luke's Episcopal Church, Durham, NC

CLINICAL TRAINING

2025	<i>Supervision: A Guide for Mental Health Professionals</i>
2024	<i>Supervising Social Work Students: Online training for today's New Practicum Instructors and Task Supervisors</i>
2024	<i>Human Sexuality Across the Lifespan</i>
2024	<i>Understanding the Impact of Trauma</i>
2024	<i>Motivational Interviewing</i>
2024	<i>Trauma-Focused Cognitive Behavioral Therapy for Children and Adolescents</i>
2024	<i>Cognitive Behavioral Therapy Case Illustrations: Demonstration of Key Interventions for Common Clinical Presentations and Problems</i>
2024	<i>Confidentiality: The HIPAA Privacy Rule</i>
2024	<i>Marijuana Overview</i>
2024	<i>Ethics and Telemental Health</i>
2024	<i>Burnout and Wellness in Social Workers, Psychologists, and Counselors</i>
2023	<i>Gender Minority Stress: Trans & Nonbinary Clients</i>
2023	<i>NY Child Abuse Certification</i>
2022	<i>HIV/AIDS: An Overview</i>
2022	<i>Dimensions of Diversity: Social Construction in Assessment and Treatment</i>
2022	<i>Human Sexuality: Sexual Orientation</i>
2022	<i>Human Sexuality</i>
2022	<i>Simple Approaches to Complex Bereavement</i>
2022	<i>Non Suicidal Self Injury</i>
2022	<i>Intimate Partner Violence in LGBT Communities</i>
2022	<i>Working with LGBT Individuals</i>
2022	<i>Infidelity Counseling: Treating Couples in Counseling</i>
2022	<i>Sexual Desire Discrepancy in Couples</i>
2022	<i>The Professional is Political: Ethical Nuances in Providing Transgender Affirming Mental Health Care</i>
2022	<i>Kink, BDSM, and Mental Health</i>
2022	<i>No Surprise Act; How to Legally and Ethically Implement this Act</i>
2021	<i>Working With Parts in Dissociative Disorders</i>
2021	<i>How to Broach in Clinical Supervision</i>
2019	<i>LGBTQ+ Therapy; Understanding the Closet Experience, Trauma, and Attachment</i>
2018	<i>Circle of Security Parenting Training</i>
2018	<i>Approved Clinical Supervisor Training</i>
2016	<i>Sex Made Simple</i>
2015	<i>EMDR Basic Training</i>
2015	<i>Gottman Level 1: Bridging the Couple Chasm A New Research-Based Approach</i>
2015	<i>The Introduction to Theraplay</i>

2015	<i>Ethics and Social Media</i>
2015	<i>Human Sexuality CE Course</i>
2014	<i>A Shift in the Conceptual Understanding of Grief: Using Meaning-Oriented Therapies with Bereaved Children</i>
2014	<i>Understanding the Gut Brain: Stress, Appetite, Digestion, and Mood</i>
2014	<i>Minors' Rights to Confidentiality, When Parents Want to Know: An Ethical Scenario</i>
2014	<i>The Tug of War Child: Counseling Children Involved in High Conflict Divorces</i>

CLINICAL SKILLS - MODALITIES

Attachment Based Therapy
Cognitive Behavioral Therapy (CBT)
Eye Movement Desensitization and Reprocessing (EMDR)
Marital/Relational Therapy
Nurture Play Structure Model of Therapy (Creator)
Psychodynamic Therapy
Queer Focused Therapy
Sand Tray Therapy
Trauma Focused Therapy

CLINICAL SKILLS - SPECIALTIES

LGBTQ+ Issues
Couples/Relational Issues
Poly and Ethical Non-Monogamous (ENM) Families
Trauma, Religious Trauma
Attachment Issues
Anxiety
Depression
Parenting
Grief/Loss
Religious/Spiritual Issues

TEACHING AND PRESENTING EXPERIENCE

2025	<i>"Relationship Workshop; Queer Relationships & Closet Trauma"</i> The Trees (Durham, NC) <i>Facilitator/Presenter</i>
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- 2024 *"Understanding Religious Trauma"*
The Trees (Durham, NC)
Speaker
- 2024 *"How to Handle Isolation and Loneliness During Holiday Times"*
St. John's Episcopal Church (Wake Forest, NC)
Speaker
- 2024 *"Men's Mental Health"*
St. John's Episcopal Church (Wake Forest, NC) &
Chapel of The Cross (Chapel Hill, NC)
Facilitator/Presenter
- 2023-2024 *"Working with Trauma in Queer Relationships; Understanding the Impact of Heteronormative and Cisnormative Trauma"*
Trinitas Services (Chapel Hill, NC)
NBCC Approved Continuing Education
Facilitator/Presenter
- 2023-2024 *"Introduction to Nurture Play Structure; A Therapeutic Model"*
Trinitas Services (Chapel Hill, NC)
NBCC Approved Continuing Education
Facilitator/Presenter
- 2023 *"Scarmental Psychology"*
Christ Episcopal Church (Raleigh, NC)
- 2022-Present *"Relationship Workshop; Queer Relationships & Closet Trauma"*
Trinitas Services (Chapel Hill, NC)
Facilitator/Presenter
- 2022-Present *"Psychological Health"*
CREDO Conferences
Facilitator/Presenter
- 2022-2023 *"Relationship Workshop"*
Riverstone Wellness Collaborative Office (Chapel Hill, NC)
Facilitator/Presenter
- 2022 *"Embracing Radical Acceptance: Learning a Relational Model of Faith"*
The Trinity Center (Salter Path, NC)
Facilitator/Presenter

- 2021 *“Embracing Radical Acceptance: Learning a Relational Model of Faith”*
Cedar Creek Retreat Center (Louisburg, NC)
Facilitator/Presenter
- 2020 *“Anxiety Management; Living in a COVID-19 World”*
Sanderson High School (Raleigh, NC)
Facilitator/Presenter
- 2020 *“Anxiety Management; Living in a COVID-19 World”*
Christ Episcopal Church (Raleigh, NC)
Facilitator/Presenter
- 2020 *“Anxiety Management; Living in a COVID-19 World”*
St. Paul’s Episcopal Church (Cary, NC)
Facilitator/Presenter
- 2020 *“LGBTQ+ Therapy; Understanding the Closet Experience, Trauma, and Attachment”*
NBCC approved Continuing Education
Facilitator/Presenter
- 2020 *“Nurture Play Structure Model of Therapy” (Chapel Hill, NC)*
NBCC approved Continuing Education
Facilitator/Presenter
- 2019 *“Mind, Body, and Spirit: The Health and Faith Connection”*
Affirming Interfaith Summit (Durham, NC)
Guest Speaker/Presenter
- 2019 *“LGBTQ+ Therapy; Understanding the Closet Experience, Trauma, and Attachment” (Durham, NC)*
NBCC approved Continuing Education
Facilitator/Presenter
- 2018 *“Mental Health and the Queer Experience; the Impact of Heteronormativity and the Closet on LGBTQIA Individuals”*
LGBTQ Informational Workshop Day at Umstead Park United Church of Christ (Raleigh, NC)
Guest Speaker/Presenter
- 2017 *“LGBTQ Relationships”*
LGBT+ Mental Health Conference at North Carolina Central University (Durham, NC)
Guest Speaker/Presenter

GROUP EXPERIENCE

2024- Present	<i>Religious Trauma Support Group</i> The Beloved Community at The Trees (Durham, NC)
2022-2024	<i>Caregivers Support Group</i> Church of the Nativity (Raleigh, NC)
2022	<i>Grief Support Group</i> Church of the Nativity (Raleigh, NC)
2021	<i>Grief Support Group</i> Church of the Nativity (Raleigh, NC)
2018	<i>"ARG!: Anxiety Related Group"</i> - 8 Week Psychoeducation Series St. Luke's Episcopal Church (Durham, NC) <i>Facilitator/Presenter</i>

WRITING EXPERIENCE

2009	<i>"Sex and the Church"</i> Masters Thesis, Duke University Divinity School (Durham, NC)
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PROFESSIONAL WEBSITES

Trinitas Services www.trinitasservices.com	Owner - Private Practice
Trinitas Retreats www.trinitasretreats.com	Owner - Retreat Leader
Nurture Play Structure Model of Therapy www.nurtureplaystructure.com	Creator - Educator

PROFESSIONAL AFFILIATIONS

2013-Present National Certified Counselor

2013-Present American Counseling Association